

GAF-001 Yoga Chair

Features:

- Introducing GAMA Yoga chair for physical, mental and spiritual disciplines.
- Practice Yoga postures, poses, Pranayamas & various mudras using adjustable GAMA Yoga chair.
- Everyone has a different level of flexibility (or range of motion).
- Therefore, GAMA Chair Yoga™ is presented in low, moderate and high posture levels so you can learn how to adapt them to your personal needs.
- We have even accounted for varying degrees of flexibility in your upper and lower body as well as your right and left sides.
- This innovative fitness approach makes GAMA chair yoga programs suitable for all ages and all fitness levels.
- Your level of flexibility may vary from day-to-day; so, vary your posture levels to ones that are comfortable for you while practicing chair yoga and incorporate proper breathing.
- Deep breathing techniques fully oxygenate your body and massage your organs



GAF-002 Yoga Belt

Features:

- The right tools are essential to a successful and rewarding Yoga Practice. Our Yoga Strap/Sling/belt can help you adjust Yoga poses to your body needs.
- 6', 8', and 10' lengths available.
- Plastic cinch.
- Life time Warranty.
- Made of Slip/Sweat resistant Nylon webbing.



GAF-003 Roman Ring Apparatus

Features:

- 75 mm Round Pipe / 4 x 2" Square Pipe.
- Fibre / Wooden Roman Rind.
- 6mm Guy Steel Ropes.



GAF-004 Roman Ring Adjustable

Features:

- Gymnastic Roman ring wooden with Fixed straps and buckle laminated of various sizes are as under:
- Size 26 mm
- Size 27 mm
- Size 28 mm





GAF-005 Roman Ring Buckle & Strap

Features:

- Gymnastic Roman ring wooden with Adjustable straps and buckle laminated of various sizes are as under
- Size 26 mm
- Size 27 mm
- Size 28 mm

GAF-006 Kettle bell

Features:

- Kettle Bell in P.U Paint from 4 kg to 35 kg at weight interval of 2kg (i.e. 4kg, 6kg, 8kg so on).



GAF-007 Indian Club Bell

Features:

- Indian club bells - Length
- Weight – 1lbs, 2lbs, 3lbs, 4lbs, 5lbs
- Made of Wooden

GAF-008 Plyo Box

Features:

- Plyo box in Ist grade steel P.U paint (30", 36", 42")
- Plyo box in IInd grade steel powder coated (30", 36", and 42")
- Plyo box (Set of 4) 6", 12", 18", 24".

